Mrs. Huelskamp

Culinary Essentials

I would like to welcome you to Culinary Essentials. There are many exciting opportunities that will be available to you this semester. I look forward to exploring cooking along with all of you. Before we begin, I would like to share some information about what I expect, what we will do in class, and overview some of the ways we will explore culinary arts.

**Contact Information**

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**Classroom Procedures and Expectations**

**Course Description**

Culinary Essentials introduces students to the fundamentals of cooking, kitchen safety, and the science of food preparation. Through hands-on labs, students will develop skills in food handling, recipe interpretation, teamwork, and presentation.

**Curriculum**

* Kitchen and Food Safety
* Knife Skills and Measurements
* Herbs and Spices
* Stocks, Sauces, and Soups
* Fruits and Vegetables
* Dairy
* Starches
* Proteins
* Meal and Event Planning
* Baking

**Classroom Expectations**

* Be on time and ready to work.
* Show respect to others and yourself at all times.
* Stay in your assigned area unless instructed otherwise.
* Proper use of equipment is mandatory. Misuse of equipment will result in consequences, including loss of lab privileges.
* **Cell phone usage is not permitted during class or labs.**
* Maintain a clean and organized workspace.

## **Lab Requirements**

In order to participate in kitchen labs, students must wear the appropriate uniform:

* Long hair pulled back completely
* Close-toed shoes
* Long pants (Preferred)
* Short sleeves or ones that can be rolled up to your elbows
* Hair covering (provided by the school) (No ball caps)
* Apron (provided by the school)

Students without the proper attire will not be allowed to participate in labs and will be given an alternate written assignment.

## **Lab Make-up Policy**

* Labs missed due to absences must be made up to receive a grade.
* If a lab is not made up, a zero will be given for that assignment.
* Make-up labs after school or at home must be scheduled with the instructor.

## **AI Usage Policy**

No AI tools are to be used for any assignments in this class. Cheating or using unauthorized AI tools will result in a zero for the assignment.

**Grade Weighting**

Classwork – 30 %

Skill Labs – 70 %